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| Abba Dancing Queen |  |

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| **Count:** | 32 | **Wall:** | 1 | **Level:** | Beginner | . |
| **Choreographer:** | Zaldy Lanas October 2022 |
| **Music:** | Dancing Queen (Abba) |
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**Intro: 32 counts**

**No Tags, No Restarts**

**Introduction: 32 counts**

**[1 – 8] Forward Mambo, Back, Tog, Fwd, Forward Mambo, Back, Tog, Fwd (Coaster)**

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| 1&2 | Step L forward, Step R foot forward to close next to L, Step L foot back |
| 3&4 | Step R back, Step L foot back, Step R foot forward  |
| 5&6 | Step L forward, Step R foot forward to close next to L, Step L foot back |
| 7&8 | Step R back, Step L foot back, Step R foot forward (12:00) |

**[9 – 16] Forward Triple Steps x 2, Side-Behind-Cross x 2**

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| --- | --- |
| 1&2 | Step L forward, Step R foot forward, Close L next to R, (angling body to R) |
| 3&4 | Step R forward, Step L foot forward, Close R next to L, (angling body to L) |
| 5&6 | Step L foot to side, Step R Behind, Cross L in front |
| 7&8 | Step R foot to side, Step L Behind, Cross R in front (12:00) |

**[17 – 24] Full Turn Volta to Left, Bounces Back, Bounces Fwd**

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| 1& Make ¼ turn L stepping LF fwd (1), Step RF next to LF (&) (9:00) 2& Make ¼ turn L stepping LF fwd (2), Step RF next to LF (&) (6:00) |
| 3&4 Make ¼ turn L stepping LF fwd (3), Step RF next to LF (&), Make ¼ turn L stepping LF fwd (12:00)  |
| 5&6 Stepping back on R, bounce back on R,L,R (angling body to R) |
| 7&8 Bounces forward on L,R,R, straightening up to front (12:00). (Keep Wt on R) |
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**[25 – 32] Cross Sambas (L&R), Close & Point Back (x 2)**

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| --- | --- |
| 1&2 | Cross (L) in front of R, Step R foot to side, Step L foot to side |
| 3&4 | Cross (R) in front of L, Step L foot to side, Step R foot to side |
| 5, 6 | Close LF next to R, Point R foot back |
| 7, 8 | Close RF next to L, Point L foot back |

**Arm Movements**

**[1-8]** Swing forearms from elbow: Up (1&2), Down (3&4), Up (5&6), Down (7&8)

**[9-16]** ‘W’-hold (9-12), Arms held out to side @ shoulder height (13-16)

**[17-24]** L hand on belly, R hand extended out to side (17-20), Fists on Hips (21-24)

**[25-32]** ‘W’-hold, with curled fists (25 - 32)